

# What's in your mouth?



Brought to you by the  
National Association of Dental Laboratories



# NADL

National Association of  
**Dental Laboratories**



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What do you do for your health?

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# Oral Health Matters

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**Doctors' Notes**

**WHY GOOD DENTAL HEALTH MATTERS**  
Your smile may be the key to your health ...  
BY URBAN HOUSECALL DOCTORS

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- Cosmetic surgery: What to know beforehand
- Vaccines for adults: Which do you need?
- Bone health: Tips to keep your bones healthy

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**Oral health: A window to your overall health**

Your oral health is more important than you might realize. Get the facts about how the health of your mouth, teeth and gums can affect your general health.

By Mayo Clinic staff

**THE BLOG** | Featuring fresh takes and real-time analysis from HuffPost's signature lineup of contributors

**NOT ON THE BLOG**  
Kirk Douglas  
Tommy G. Thompson

**Glenn D. Braunstein, M.D.**  
Chairman of the Department of Medicine, Cedars-Sinai

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**Why Oral Health Leads to Overall Health**

- ✓ Daily Brushing & Flossing
- ✓ Regular Dental Cleanings
- ✓ Regular Dental Checkups
- ✓ Limiting sugary foods
- ✓ No ice-chewing
- 🦷 **Wait! You may be forgetting something!**





**Who makes them?**

A dental laboratory technician

**Where are they made?**

A dental laboratory

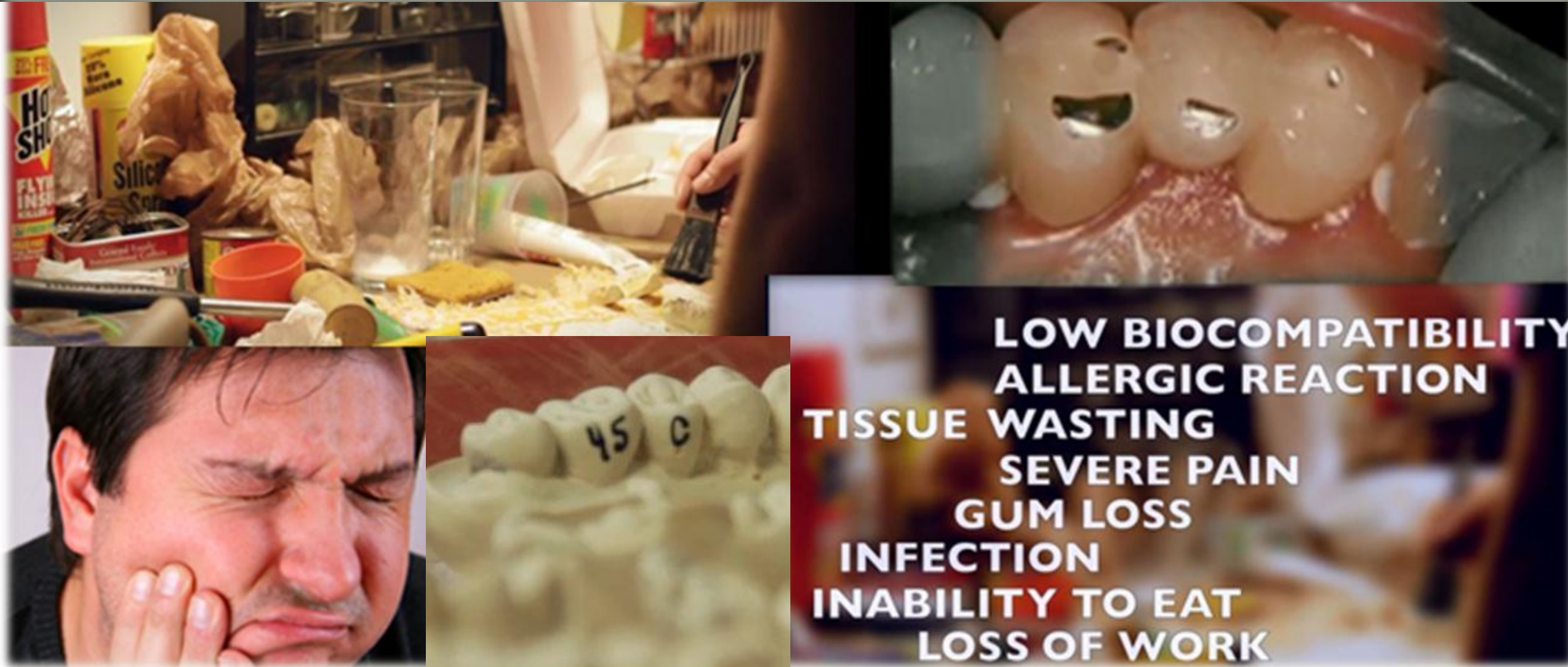


Americans spend \$7 billion annually on dental restorations

# The Deal on Dental Restorations



It is important to know what materials are in your dental restoration because improper materials, such as lead, may cause complications.



**What's the worst that could happen?**

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# Why is this acceptable?

## The **scary** Truth

In America, most states set no minimum standards for persons to be employed as dental technicians.

Domestic dental labs remain unregulated in more than 40 states.



This photo is from an actual, unregulated dental lab featured in a news report.



## **CDTs**

Certified Dental Technicians are certified by the National Board for Certification in Dental Laboratory Technology (NBC). This is the only voluntary certification program for dental laboratory technicians recognized by the American Dental Association.

## **CDLs**

The NBC also certifies all Certified Dental Laboratories (CDLs).



# Standards DO Exist



Only thirteen states in the U.S. require either certification or continuing education for dental technicians.

Certifications Are NOT  
Mandatory

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# The Bottom Line



**It's time to raise the standard  
for dental restorations.**



# How You Can Help

## Ask your dentist...

Do you use a Certified Dental Technician for your laboratory work?

Is the laboratory you work with certified and by whom?

Where is your dental laboratory located?

What materials are in the restorations you are prescribing for my treatment plan?

## Connect with NADL!



## “What’s in YOUR Mouth?”

Get connected & keep the conversation going



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### NADL Offices

**Address** 325 John Knox Rd #L103 Tallahassee, FL 32303

**Phone** (800) 950-1150 **Fax** (850) 222-0053

**Email** [nadl@nadl.org](mailto:nadl@nadl.org)

[www.whatsinyourmouth.us](http://www.whatsinyourmouth.us)

**Mission** | NADL aggressively advances the dental laboratory technology industry and its members through advocacy, education, standards and services.

**Vision** | NADL is the dental laboratory industry's respected authority, delivering the highest standards to ensure our members are viewed as valued professionals on the dental health team.



# NADL: Enhancing Patient Safety

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